ROGERS PARK
YOUNG WOMEN’S ACTION TEAM

2008 GIRL LEADERSHIP U

PROMOTING LEADERSHIP, SERVICE AND
ACTIVISM AMONG YOUNG
WOMEN AGES 14-19
The Young Women’s Action Team (YWAT) invites emerging young women leaders (ages 14-19) to participate in Girl Leadership U (GLU). GLU is designed to guide young women through a process to help them understand the importance of building a specific set of skills that can be applied to taking action and making change. GLU will provide young women with the opportunity to analyze and explore the nature of leadership as well as to gain more self-awareness.

**GLU Objectives**

For participants

1. Build self-awareness and confidence
2. Deepen their understanding of the nature of leadership
3. Develop participants’ leadership skills, including public speaking, advocacy and organizing
4. Provide young women with a meaningful opportunity to connect and network with other emerging leaders
5. Increase participants’ critical thinking and analysis

**Girl Leadership U will be offered on the last Saturday of every Month (January-June 2008) from 11 to 3 p.m.**

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GLU is FREE. Participants must apply by November 1, 2007. SPACE IS EXTREMELY LIMITED. Selected participants will receive a stipend ($50 per session) if they attend at least four of the sessions. This means that a young woman who attends all six sessions will be eligible for a $300 stipend at the end of Girl Leadership U. Additionally, CTA passes and lunch will be provided to all participants.

To receive an application, contact us at rpywat@hotmail.com. GLU Orientation session September 29, 2007 at 2 pm (7067 North Glenwood Avenue).

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### Session Topics

**Session 1 (January 26)**

Self-Awareness (Identity) – Simone Peer, Instructor
- Creating a personal mission statement and identifying your gifts and strengths

**Session 2 (February 23)**

Self-Awareness (Values – What do you believe in?) – Simone Peer, Instructor
- Identify your core values and the social issues that you care about. Connect your values to your mission statement.

**Session 3 (March 29)**

Developing Voice/Communicating Your Ideas -- Nicole Cabell-Pope, Instructor
- Public Speaking 101/ Communicating Your Ideas

**Session 4 (April 26)**

Facilitating Effective Meetings – Mariame Kaba, Instructor
- Tips to help you create meeting agendas, specific ways that you can engage people in meetings.

**Session 5 (May 31)**

Advocacy 101 – Tracy Fischman, Instructor
- Lobbying, talking to your elected officials, how to get in contact with people in power

**Session 6 – FINAL RETREAT (June 27th to June 29th)**

at Techny Towers Conference and Retreat Center
- Taking Social Action – identifying issues, allies, opponents, etc… (instructor to be confirmed)