

BEHAVIOR	CHARACTERISTICS	DENIAL/EXCUSES	QUICK FIX MENTALITY	STRATEGIES/ INTERVENTIONS
<p>PATTERN OF ABUSIVE PHYSICAL VERBAL MENTAL OR SEXUAL BEHAVIOR</p>	<ul style="list-style-type: none"> * Controlling * Self protective * Disrespectful of women and girls * Denies, excuses, minimizes, and sidetracks their abusive behavior * Blames victim for the abuse * Intimidates * Claims ownership of partner * Degrades partner * Inconsistent, doesn't keep promises, unfaithful, lies * Harassment or threatening toward females * Possessive * Manipulative, is nice on occasion, guilt tripping, is negative * Makes accusations then retracts * Discredits partner to others * Quick fix mentality * Doesn't want to change * Violent * No fear of consequences * Engages in inappropriate physical contact with females * Poor school attendance, numerous suspensions * Lack of empathy for victim * Involved with younger partners * Pressures for sex * Alcohol/Drug Use 	<ul style="list-style-type: none"> * Minimizes frequency and severity of incident * Blames victim and diverts attention to the victims behavior * Denies incident or involvement in incident * Focuses on their feelings as an excuse for abusive behavior * Sees themselves as victim * Cites good intentions for abuse * Cites alcohol or drugs * Blames other problems * Claims loss of control 	<ul style="list-style-type: none"> * Makes promises to change * Apologizes * Gives gifts * Gets into an intervention program * Temporarily stops alcohol or drug use * Is nice or considerate for a while * Bargaining * Points out partner's problems * Gives ultimatums * Withholds affection, attention * Has multiple relationships * Makes threats toward others close to the victim * Uses friends to pressure victim back into relationship or to spy on victim * Sets up sexual games 	<ul style="list-style-type: none"> * Build a working relationship * Communicate with and monitor behavior weekly * Acknowledge that getting help is positive * Provide outside resources * Work toward an understanding of abuse, sexual harassment, stalking, and rape * Form short and long term goals * Build an understanding of negative self talk and warning signs of abusive behavior * Ask specifically about the violent behavior * Ask about other controlling behavior * Connect cause, effect and consequences * Work on establishing positive values/identity * Work on problem solving/ decision making skills * Work on substance abuse/ gang prevention * Work on safe and responsible decision making around sex activity

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